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Introduction tumour drug penetration & in vitro screening

Tumour biology

Solid tumours contain a network of blood vessels supplying oxygen and nutrients. Tumour growth is limited by the balance struck between the consumption of nutrients & oxygen by the cells comprising the tumour and their supply from an expanding vasculature. Cells within tumours can be located up to ~15-20 cell layers (~150-250 μ m) from a blood vessel, beyond which necrosis occurs.



key: blood vessels - dark blue (CD31 +ve)
blood flow -light blue (carbocyanine)
S-phase cells -black (BrdUrd)
hypoxic areas -green (Pimonidazole)

Diffusion limited penetration

The penetration of drugs into solid tumours is limited by the balance between drug diffusion and tissue consumption in a fashion similar to that of oxygen. Drug binding, metabolism and sequesterization within tissue all act to limit penetration.

Multilayered cell culture

Multilayered cell culture (MCC) is a three-dimensional tissue culture which mimics the tumour extravascular compartment and can be used to study drug penetration in a controlled environment.

Effect-based drug penetration assay

In addition to direct visualisation of radiolabelled drug in MCC, their symmetrical growth allows drug penetration to be evaluated by comparing a drug's effect on the cells on either edge of the cultures following exposure to one side.





H&E stained cryosection of a ~250 μ m thick MCC grown on a permeable support membrane (**A**) and vessel used to growth cultures (**B**).





BrdUrd immunostained MCC showing symmetrical s-phase cell distribution (**A**). Apparatus used to perform drug penetration experiments (**B**).

Extravascular penetration of taxanes limit their efficacy

I - Tissue distribution of ³H-taxanes tumour xenografts & multilayered cell culture

Objective: Map ³H-paclitaxel and ³H-docetaxel distribution in tumour xenografts in relation to vasculature and also in multilayered cell cultures (MCC), an *in vitro* model of the tumour extravascular compartment.

Results: Both taxanes exhibited limited penetration, with little drug reaching further than 100 µm into tissue. Of the two, paclitaxel exhibited up to 2-fold greater penetration than docetaxel.



³H-Taxanes in HCT-116 MCCs:



Summary of xenograft & MCC-based results:



II - Effect-based evaluation of drug penetration multilayered cell culture based screening assay

Objective: Compare data from an *in vitro*, effect-based drug penetration screen with the radiolabelled taxane results.

Results: The poor tissue penetration of the two taxanes was replicated in the effect-based assay where both exhibited limited effect when they had to penetrate into tissue to reach target cells. Paclitaxel again exhibited greater penetration than docetaxel.

Effect-based drug penetration screening assay



During growth the cultures have access to oxygen and nutrients from top and bottom and both edges exhibit high proliferation rates.

During drug exposure cultures are temporarily closed-off to allow drug to build up.

Effect on S-phase cells within MCCs

2 days after exposure to the taxanes from one side MCCs were immunostained for ^{untr} S-phase cells using BrdUrd.

For docetaxel, cells on the unexposed side are significantly affected only after a 3 µM exposure.



150 indicates direction um of drug diffusion

Analysis of drug effect on the exposed versus far side of MCCs

Both drugs are seen to exhibit less effect on the far sides of cultures in relation the cells directly exposed to drug.

Analysis of effect-based data indicated that paclitaxel exhibits a more uniform effect on the two sides in comparison with docetaxel.



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III - Effect of taxanes in relation to vasculature tumour xenograft mapping

Objective: Map distribution of s-phase cells in tumour xenografts in relation to vasculature following taxane treatment.

Results: Interpretation of data is problematic due to the gradient in proliferation seen with depth into tissue. Data indicates both drugs were able to reduce proliferation by up to 75% near vessels but by only 50% in those cells distant from vasculature.

S-phase cell mapping protocol



S-phase cells 72 h following taxane treatment



Analysis of s-phase cell distribution in relation to tumour vasculature following taxane treatment

Analysis of the effect of the drugs on proliferation as a function of distance away from blood vessels showed that their effects were greater in areas close to vasculature. Paclitaxel appeared to exhibit a greater effect in distant regions as compared to docetaxel.



150

μm

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